



2018 Fall Gathering Workshops

Book of Love

- 1. Don't You Just Love It!** **Pastor Lynn Bechdolt**
The Greek New Testament uses several words for what we call "love". This session will explore love in the Bible and our lives. What did Greek writers mean and what do we mean by the many ways we use the word "love"?
- 2. The Books that Jesus Read - Introduction to the Hebrew Bible** **Pastor Joanie Holden**
The Hebrew Bible as we know it, the canon of the Hebrew Bible, did not take its final, present day shape until about a hundred years after Jesus' resurrection. Jesus often makes the comment "as it is written" in His teaching so there is value in studying what the Bible would have meant to a Jewish man and to look at some of the passages Jesus refers to when He says, "as it is written."
- 3. Love in the Bible** **Lynn Reese**
From Adam and Eve to Mary and Joseph – a look at the Bibles “couples”.
- 4. Women of the Bible We Love to Hate** **Tracy Moffatt**
The Bible is full of stories of good and faithful women; but also, stories of bad, wicked, and simply evil women. This workshop will explore the Bible's disreputable women we just love to hate from Jezebel to Herodias and many in between. It will also look at how the scriptures describe evil women and warn us to beware! Come and enjoy a special treat as we explore these wicked women who helped shaped the history of Christianity.
- 5. Introduction to the Challenges of Biblical Translation** **Pastor Joanie Holden**
Why are there so many different versions of the Bible? How can the same verse be so different in different Bibles? Hopefully, this workshop will help answer these questions and grow our Bible study skills.

All You Need is Love

- 6. President/Vice President Q&A Session** **Tracy Moffatt/Lisa Klima**
Are you a president / vice-president of your Unit or Conference? Do you have questions or concerns? Come find the help you need to lead! Find out who to call and where to find the resources you need! We'll also discuss ways to organize your unit!
- 7. Secretary/Treasurer Q&A Session** **Donna Person/Ann English**
Are you a secretary / treasurer of your Unit or Conference? Do you have questions or concerns? There have been several changes in the forms. Secretaries/Treasurers are strongly encouraged to attend. Join us for an open discussion and find the answers you need to lead!

Ain't Love a Funny Thing

- 8. Laughter 101** **Trixie Richter**
In today's world, people want to be healthy, they want to be happy, but instead they are getting stressed out, depressed, getting less sleep, more negative thoughts and feeling isolated. Does this sound like you? Are you someone who wants to move on and bring more laughter and joy into your life? You are in the right place. You're about to laugh like you have never laughed before! But before we begin to laugh, I'll share with you the origins of Laughter Yoga. It is being touted as perhaps the best alternative health therapy for complete body-mind wellness. Come and listen as we explore this zany idea of laughing for no particular reason. *Class size limited.*

9. **Laughter - Advanced** **Trixie Richter**
(Must have attended a previous Laughter Yoga workshop led by Trixie Richter)
Let's jump right into a Laughter Yoga Class! No talking just playful exercises and laughter!! It has been scientifically established that laughter has a profound impact on the body and mind. Not only does it help to prevent the onset of sickness by way of strengthening the immune system, it also has a healing effect. A daily dose of laughter is the one solution which has the power to unwind stress and uplift joy; the power to slow down a racing heart and strengthen the mind; the power to raise the spirit and fend off pessimism...Let's go! *Class size limited.*

10. **Heart Exam** **Linda Greilick**
Our spiritual life revolves around the spiritual muscle that the Bible refers to as "the heart." Join us to examine the health of our hearts. Some of you will be asked to share in a brief skit, so if you're feeling theatrical, this is the workshop for you. We'll see how Roxy Rhinestone deals with her empty heart.

Everybody Needs Somebody to Love

11. **A Father's Love and The Father's Love** **Sharon Koelsch**
This is a follow-up to Sharon's popular workshop on the novel The Shack. She'll incorporate the 2017 movie into her presentation. You don't have to have read the book or seen the movie to enjoy the discussion.
12. **Healing a Broken Heart** **Ann English**
Exploring the reasons for our Broken Hearts and the ways that we can heal them.
13. **Special Needs** **Pam Hansen**
Steps to create and implement personal care, financial, and legal plans for your loved one and the role of special needs trusts, including their interaction with Supplemental Social Security Income (SSI) and Medicaid."
14. **Heart-to-Heart: As ~~your parents~~ YOU Age.** **Pam Hansen**
Starting conversations with your children before there is an emergency can help make the situation smoother and less stressful. Let's gain a better understanding of the impact caregiving can have on relationships and finances. We will provide tips to initiate healthy conversations that lead to positive results. Plus, these conversations can open up a whole new world for your legacy – how family traditions came to be, and a better understanding of what you and your children value.

Because You Loved Me

15. **What's Love got to do with it?** **Denise & Steve Beumer**
Christians have been called to love all of God's children, regardless! There are "no exceptions". If Jesus called us to love everyone then love has everything to do with it. What's holding you back from the Gospel?
16. **Vocational Love - Nudge of the Holy Spirit** **Lois Sorensen**
Scholarship recipient Lois Ann Sorensen has been a parish deacon since 2014 and is now a "middler" at Luther Seminary, seeking ordination to the Ministry of Word and Sacrament. She will share her vocational journey (secular career, Stephen Ministry, diakonia, deaconate, and seminary) as a means of illustrating how we can all be instruments of the Holy Spirit by nudging others to discern and pursue lay and rostered servant-leadership. Other commissioned, consecrated and ordained ministries are encouraged to add their call stories to the discussion.
17. **Are you living your baptism?** **Diane Spicer**
At the time of your confirmation, you're asked the question, "Do you intend to continue in the covenant God made with you in Holy Baptism?" Baptism and ways to 'live' our baptism will be explored in this workshop.

- 18. Praying with Others** **Elaine Heine**
 This course is based on the book *Christian Caregiving a Way of Life* by Kenneth Haugk and William McKay.
- 19. Meet Julian of Norwich** **Pastor Joanie Holden**
 Julian is an important Christian mystic and theologian who is credited with writing the first of theology in English by a woman, "Revelations of Divine Love" in 1395. She served as a counselor in her community where she lived in seclusion (an anchoress) except when advising those came to her. Julian is venerated in the Lutheran and Anglican churches. In the Lutheran Church we remember her on May 8th as a "Renewer of the Church."

What the World Needs Now is Love

- 20. Called to Love Your Neighbor** **Liz Burgess, CWO Executive Board Member**
 A workshop based on a small group format. First, we'll spend some time exploring God's calling to Love Our Neighbor. Next, we will have the opportunity to share personal stories about how we carry out that calling. Finally, closing with a sharing of our dreams about loving God's people in our neighborhoods. Led by Liz Burgess, our Women of the ELCA Board Representative, and active in Emmanuel Lutheran Episcopal Church's Bridging the Gap and Capital Area New Mainers organizations'.
- 21. ELCA Social Statement on Women and Justice** **Sister Michelle Collins**
 Come enjoy conversation with Sister Michelle on this important ELCA Social Statement which will be voted on at the 2019 Churchwide Assembly. She'll explain the Social Statement process and lead discussion on the Core Convictions of this statement.
- 22. Retreats - "In Community"** **Kathy Clifford**
 This workshop will focus on planning and suggestions for a day or weekend getaway for your women's group or congregation. Come with questions and ideas to share and leave ready to "Share the Love" by planning a retreat.

What the World Needs Now is Love cont.

- 23. Advent by Candlelight** **Patricia Shipley**
 Learn how to plan this Women's Service to celebrate the beginning of Advent. We will use the theme of LOVE in the service example.

Making Love Out of Nothing at All

- 24. Learn to Paint!** **Stacy Magee**
 In this workshop you will have two pictures in which you may choose one to paint.
Class size limited. *Materials Fee: \$10.00*
- 25. Angel Craft** **Karen Weinrich**
 Come make an angel ornament and get a head start on Christmas!
Class size limited. *Materials Fee: \$2.00*
- 26. Making a Folded Paper Christmas Card** **Joan Fisher**
 Join us as we make at least one card and have an envelope for mailing when finished. All the materials will be provided.
Class size limited. *Materials Fee: \$2.00*
- 27. Pysanky Ukrainian Easter Eggs** **Jaycine Lester**
 Ukrainian Easter Egg decoration has been handed down through generations of the Ukrainian people. Before the time of Christ, people decorated eggs believing that great powers were embodied

in the egg. The eggs symbolized the release of the earth from the shackles of winter and the coming of spring. With the advent of Christianity, Easter eggs symbolized the Resurrection and the promise of eternal life.

Class size is limited.

Materials Fee: \$2.00

(bring a plastic container to take your egg home)

I Wanna Learn A Love Song

28. Choir

Carolyn Scott, Director of Music ~ St. John, Winter Park

Make a joyful noise unto the Lord! Music is an important part of worship. Let's join voices to praise our Lord – you will then sing to the Lord during Saturday worship! Session 1 only.